



THE ZAMAN FOUNDATION TIMES

WWW.ZAMANFOUNDATION.PK

100% OF YOUR DONATIONS GO TO CHARITY. PRIVATE DONORS COVER ALL ADMINISTRATIVE COSTS. THANKS TO SEFAM AND SARENA GROUP OF COMPANIES

*Admin. costs for specific projects are disclosed where applicable.

LATEST

WE ARE NOW REGISTERED IN THE UK AND HAVE COMMENCED OPERATIONS WITH A NEW HSBC BANK ACCOUNT!

HELPING PEOPLE HELP THEMSELVES



BUNER: What was once a home filled with joy and celebration for Noor Muhammad's wedding, now stands as a heart-wrenching reminder of devastation and loss.

[READ MORE ON PAGE 2](#)

IN THE SPOTLIGHT



1,573+

FLOOD-AFFECTED FAMILIES SUPPORTED



PKR 30 MILLION+

SPENT ON FLOOD RELIEF EFFORTS



08

NEW WATER PROJECTS SET UP



PKR 6.7 MILLION+

CONTRIBUTED BY COMMUNITIES

VOLUNTEER WITH US!



We are looking for compassionate individuals to become part of our growing network. Get in touch if you want to do your part.

ACHIEVEMENT UNLOCKED

Our Reverse Osmosis Water Filtration Plant treated raw water with a TDS reading of 30,000 ppm! That's 300% higher than the WHO acceptable reading for clean drinking water.

[READ MORE ON PAGE 3](#)

EMPOWERMENT IN ACTION

The Mehjabeen Fellowship Fund, set up as a wonderful Sadaqa-e-Jaariya project, supports four female scholars in completing their thesis research.

[READ MORE ON PAGE 4](#)

EMPATHY, CARE AND HEALING

12 cancer patients were provided hope with free immunotherapy medicines worth up to PKR 4.1 Million.

[READ MORE ON PAGE 4](#)

FLOOD RELIEF

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Noor Muhammad returned home for his wedding to find his ancestral home destroyed and 24 of his family members washed away by flash floods. The tragedy struck the neighborhoods of Buner in Khyber Pakhtunkhwa in August 2025, and swept away families, dreams and futures within minutes. 234 people lost their lives in Buner and hundreds more across the country have lost their homes and livelihoods as a result of unprecedented torrential flooding.

Team Zaman Foundation travelled to the major flood-hit cities to conduct in-depth needs assessment. We then distributed cash and/or relief packages based on the most pressing needs of our vetted families in the respective areas.



"24 of our family members were martyred in the flood including my father, one of my brothers and six brothers' families. We had a total of 34 rooms across three houses, that have been swept away. I am grateful to Zaman Foundation for the support and comfort they have provided us."

Sulaiman
Qadarnagar, Buner

MULTAN: In partnership with Transparent Hands and Allied Bank, we set up free medical camps for flood affectees in Multan and Muzaffargarh.



OUR VETTING PROCESS



1. REGISTRATION

Our team visits the flood-affected families' homes, and records their personal information, e.g. their CNIC, as well as the extent of the loss incurred.



2. VERIFICATION

When the applicant arrives at the venue, they are issued a token against their name in the list and requested to wait in line for their turn.



3. AUTHENTICATION

The applicant's CNIC is double-checked against the list, and their signatures and thumb impressions are recorded.



4. CASH/IN-KIND HANDOVER

Cash/Relief Package is handed over to the beneficiary with care and prayers.



**THANK YOU
FOR YOUR TRUST**

OUR IMPACT

NO. OF FAMILIES HELPED

608 SIALKOT

392 BUNER

292 KASUR

152 SWAT

108 MULTAN

30 ALIPUR

Through our vigorous vetting process, we ensure the most efficient provision of support for the beneficiaries, and fool-proof transparency for our donors. Families in Buner and Swat were provided cash assistance, while relief packages and in-kind bundles were delivered to those in Kasur, Sialkot, Multan and Alipur.



SIALKOT: Each package included essential dry ration, a gas cylinder, mosquito nets, a solar light, sanitary pads and some snacks.

WHAT'S NEXT? PHASE 2!

Become part of our ongoing efforts and help us rehabilitate people who've lost their homes and livelihoods, provide scholarships to deserving students and rebuild destroyed water sources.

REBUILD HOMES*

**BUILD A HOME IN ALIPUR
(SOUTH PUNJAB)**

PKR 700,000

**BUILD A HOME IN BUNER
(KPK)**

PKR 1,100,000

*Amounts may vary according to geographical location and market rates.

**DO YOUR PART IN REBUILDING FUTURES, HOPES
AND DREAMS. DONATE A BRICK**

FOR 15 RUPEES



CLEAN DRINKING WATER

DEEP WATER BORE



HAVELIAN: The water tank accompanying our fourth water bore project in Abbottabad.

Each one of our projects is tailored to the most pressing needs of the community we set it up in, after thorough needs assessment. The successful pilot run of a deep water bore project in March 2025 paved the way for four more similar projects in Abbottabad. Here's how a deep water bore works:

- A drilling rig is used to dig deep into the ground to bore water.
- Ground water is pumped out using a solar-powered submersible pump.
- An accompanying water tank collects the groundwater.
- 30+ households benefit from a sustainable source of clean water for years to come.

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TDS, or Total Dissolved Solids is the number of dissolved particles in a body of water, including inorganic salts and organic matter. According to the World Health Organization, optimum TDS levels for drinking water should be below 300 ppm. In the previously deprived communities that we serve, TDS levels average around 1,000-7,000 ppm.

In Jhamrari Sharif, Tharparkar, TDS levels can rise up to 30,000 ppm! Our RO plant treated the contaminated water and brought the TDS levels within the WHO acceptable range - 250ppm, guaranteeing clean and safe drinking water for the community.



BHALWAL: CEO Zaman Foundation, Omar Zaman, with Usman Sufi inaugurating the water filtration plant at the M.H. Sufi Foundation school.



Our 4th water filtration plant in partnership with Packages Foundation is now up and running in 169/7R, Fort Abbas. Thank you for supporting sustainable charity.

YOUR SADAQA-E-JAARIYA*

FULLY FUND A
WATER FILTRATION PLANT

PKR 4.5 M

MAKE IT
SOLAR-POWERED

PKR 1.5 M

CONSTRUCT THE ROOM

PKR 1.2 M

SET UP A
DEEP WATER BORE

PKR 0.75 M

*Amounts may vary according to geographical location and market rates.

IMPACT

DURING JULY – SEPT. 2025, WE
SERVED:

9.8 MILLION+

LITRES OF CLEAN
DRINKING WATER TO

200,000+

INDIVIDUALS ACROSS

43

COMMUNITIES



Our partner communities
contribute consistently, with a
monthly recovery rate of 75%!

HEALTH

CONT. FROM TITLE PAGE >

Thanks to the generosity of our donors and the initiative of empathetic doctors, Zaman Foundation provided free immunotherapy medicines for cancer treatment to patients in Lahore, Multan, Faisalabad and Islamabad.

SAVE A LIFE*

ONE LIFESAVING SURGERY	PKR 600,000
MEDICINAL SUPPORT FOR ONE YEAR	PKR 175,000
SUPPORT A DIABETIC PATIENT FOR ONE YEAR	PKR 100,000

**This is the average cost ZF bears for medical and surgical cases.*

A FIGHTING CHANCE

Amina Waqas experienced a cancer relapse in her leg just a year after recovering. Her doctors recommended immediate amputation to prevent the disease from spreading. Unable to afford the treatment as a young mother of two, Amina reached out to ZF for support. The ZF medical team provided life-saving guidance, funded her amputation, and is now fitting her with a prosthetic leg - all made possible by the generosity of our donors.

IMPACT

DURING JULY - SEPT. 2025 WE HELPED:

1,084

PATIENTS WITH MEDICINAL SUPPORT, AND HEALTHCARE ACCESS MANAGEMENT

20

PATIENTS WITH SURGICAL INTERVENTIONS

10

FAMILIES WITH DRUG REHABILITATION SERVICES



ZF has sponsored Kickboxer and Wushu Fighter Muhammad Awaiz's participation in the **6th Islamic Solidarity Games 2025**, and we wish him the best of luck!

EDUCATION

IMPACT

DURING JULY – SEPT. 2025, THE ZF SCHOLARSHIP FUND AWARDED GRANTS TO:

822

PRIMARY AND SECONDARY SCHOOL STUDENTS

584

STUDENTS OF HIGHER EDUCATION



Hasnain was awarded a 100% scholarship for his tuition. Zaman Foundation funded his accommodation, transport and food expenses which enabled him to complete his degree.

"I'm really grateful to Zaman Foundation for their help in my time of need."

Hasnain Butt
Bachelor's of Design, PIFD

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"Through this research, I hope to amplify local voices and contribute to a more inclusive and culturally rooted environmental discourse," says Hasina about her research titled, *"Living Spirituality of Glaciers: a case study of Hunza."*

Hasina is one of the four scholars selected for the Mehjabeen Fellowship Fund. The fund is set up to support female students in primary field research for their Masters' or Ph.D. thesis, in the fields of Human Ecology and Music Heritage. With the support of our visionary donors, team ZF continues to amplify its impact.

SPONSOR A STUDENT

COMPLETE UNIVERSITY DEGREE	PKR 850,000*
ONE YEAR'S UNIVERSITY FEE	PKR 250,000
ONE YEAR'S SCHOOL FEE	PKR 50,000

**This is the average cost ZF pays for an academic degree. Costs vary as per degree and educational institute.*

RELIEF

WINTER DRIVE



The temperature is dropping, and the oncoming winters are predicted to be the worst in decades. With their homes destroyed by the floods, hundreds of our fellow Pakistanis are extremely vulnerable. In partnership with our sister concern, **Sarena Textiles**, we will be delivering **premium quality** jackets and quilts to flood-affected families across Punjab and KPK.

IMPACT

DURING JULY – SEPT. 2025
WE PROVIDED:

108,000+ FREE MEALS

146 FAMILIES RATION AND ACCESS
MANAGEMENT TO GOVERNMENT'S EHSAA'S RATION
PROGRAM

3 FAMILIES WITH LIVELIHOOD ASSISTANCE

SUSTAINING LIVELIHOODS

Working from home stitching for a local garment company, Muhammad Khurram was struggling to make ends meet. One of his daughters had a recent brain tumor surgery. Zaman Foundation gifted him an auto rickshaw in exchange for a promise to keep working hard and not depend on anyone.



"I have five children, three daughters and two sons. I will now be able to work hard day and night to earn a halal living and provide for them. May Allah bless Zaman Foundation and keep it thriving for eternity."

Muhammad Khurram
Lahore

FEED MEALS

ONE FAMILY
FOR SIX MONTHS

PKR 48,000

ONE PERSON
FOR A YEAR

PKR 36,500*

*One meal costs PKR 100 at our partner soup kitchens.

SADAQA MADE CONVENIENT!

Place your Goat Sadaqa order in just **PKR 12,500**, and we will handle the rest. Step-by-step updates and heartfelt duas, for you and your loved ones.



BANK DETAILS

PAKISTAN

Bank Al Habib Ltd

Title: Zaman Foundation

Bank Account No: 00650981015595012

IBAN: PK21BAHL0065098101559501

Swift Code: BAHLPKKA

Branch code: 0065

FOR ZAKAT

Faysal Bank Ltd

Title: Zaman Foundation

Bank Account No: 3273390000003812

IBAN: PK90FAYS3273390000003812

Swift Code: FAYSPKKA

Branch code: 3273

UK

HSBC UK

Title: The Zaman Foundation UK

Bank Account No: 61724851

IBAN: GB53HBUK40071461724851

Sort Code: 400714

Currency: GBP

USA



Zelle ID:
3868959232

CLAIM TAX BENEFITS

Use our **NTN: B297093-3** to claim tax credit* in Pakistan!

*Tax credit is not applicable on cash donations.

Sab Saath Inc. is **501(C)(3) certified** in the US.

